



Hot Soup &
after Race
Snacks!

THE DEER RUN RUN

YEAH, THE DEER RUN RUN!

GET OFF THE ROADS AND GOLF COURSES FOR SOME REAL CROSS-COUNTRY

LOCATION: EVERGREEN LAKE / COMLARA COUNTY PARK

CONTACT: QUESTIONS? CALL McLean COUNTY PARKS (309)-726-2022 x 221

DATE: SAT. DECEMBER 11, 2004 TIME: 11:00 AM DISTANCE: 8K Race

AGES: ALL AGES WELCOME!! GROUPS ARE LISTED BELOW

MEN: 19 AND UNDER, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-60, 60+

WOMEN: 19 AND UNDER, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-60, 60+

AWARDS: PLAQUES FOR OVERALL MALE & FEMALE AND 1ST, 2ND IN EACH CATEGORY

SNACKS and DOOR PRIZES AFTERWARDS

OPTIONAL
TEAMS*
3 PERSON -19 &
UNDER, 20+, 30+,
40+ *SCORED BY
TOTAL TIME

ABOUT THE RACE: "THE DEER RUN RUN" IS HELD AT COMLARA COUNTY PARK. THE EURO-STYLE CROSS COUNTRY RUN WILL TAKE YOU ON SCENIC TRAILS, THROUGH STREAMS, UP AND DOWN HILLS, AND OVER BARRIERS WHILE ALLOWING YOU TO SEE NATURE AND WILDLIFE UP CLOSE.

EARLY REGISTRATION: NOW UNTIL NOVEMBER 19, 2004 FEE: \$18.00

LATE REGISTRATION: FROM November 20th till RACE DAY 9AM until 10:30 AM FEE: \$23

LONG-SLEEVE T-SHIRT to First 150 to Register.

-----DEER RUN RUN=====ENTRY FORM-----

Most of McLean County Parks experiences take place outdoors, in conditions often quite different from the controlled environments and predictability of buildings and cities. Nature and weather occur on their own schedule, sometimes unexpectedly, often beyond the control of people to change them.

The undersigned, a participant in the Deer Run Run, offered by the McLean County Parks and Recreation Department agrees as follows:

1. I acknowledge that activities at the Deer Run Run may required strenuous physical activity and endurance.
2. Terrain conditions, weather, and other people affect the overall activity experience. I am aware of the factors that follows:
 - The activities may take place on terrain that is ungroomed. Terrain varies greatly and may be icy, wet, or rough, depending on weather and other participants.
 - Winds, temperature, and occasional storms can effect the experience. I realize that I should take precautions and guard for weather-related conditions.
 - The activities may take place on or near Evergreen Lake, a body of water, which presents natural risks commonly associated with aquatic activities.
3. I certify that, to the best of my knowledge, I have no physical, mental, or emotional condition which might be aggravated by this activity, or which might in any way endanger staff or other participants.
4. I have informed the McLean County Parks & Recreation Department of any physical, mental, or emotional condition which might effect my ability to participate in and withstand all possible trail running activities.
5. I will obey all rules, regulations, and directives of the McLean County Parks & Recreation Department and its representatives and will assist by informing and/or calling to the attention to any situation which might result in injury.

Thus acknowledging the rigors of all activities connected with the Deer Run Run and the unpredictability and power of natural and weather events, and in consideration for being accepted as a participant in this program, I hereby for myself, my heirs, my executors, administrators, and assignees, **do hereby release and discharge** the County of McLean, Illinois, and its employees, agents, officers, Board Members, representatives and volunteers for all claims and damages, demands, actions, whatever in any manner arising out of my participation in this Deer Run Run and furthermore **do hereby indemnify and forever hold harmless** the the County of McLean, Illinois, and its employees, agents, officers, Board Members, representatives and volunteers from any and all actions, claims, and demands including legal costs which hereafter arise or are instituted or recovered against the indemnified parties by me or other parties whether on account of personal injuries, suffering, death or property damage sustained by me, or due to my negligent, willful and wanton, or intentional actions.

Please recognize that the McLean County Park and Recreation Department does not carry medical accident insurance for injuries sustained in its programs. Therefore, each person registering themselves or a family member for a recreation program/activity should review their own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make the McLean County Department of Parks & Recreation responsible for the payment of medical expenses.

Participant Signature _____ **Date** _____ **Date of Birth** _____
Parent or legal guardian if participant is under 18 yrs. old

Name of Participant _____ **Age on Race Day** _____ **E-MAIL** _____

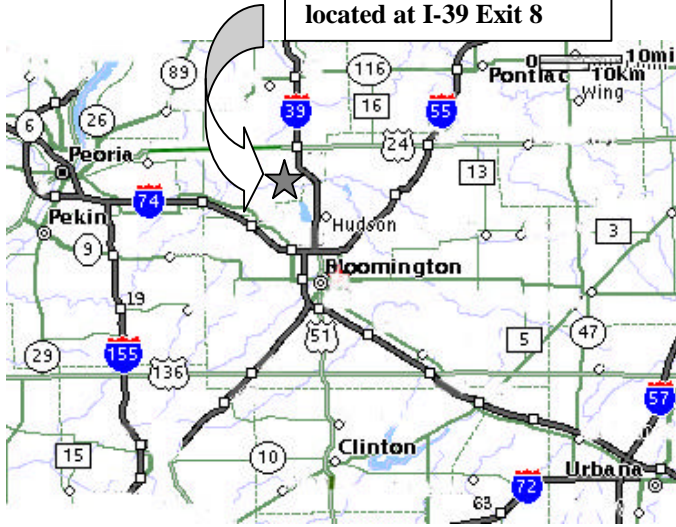
Address _____ **City** _____ **State** _____ **Zip** _____ **Home Phone** _____

Fee enclosed \$ _____ **Male** ☐ **Female** ☐ **T-SHIRT SIZE (CIRCLE ONE)** M L XL XXL

MAKE CHECKS PAYABLE TO McLean County Parks Dept.

Mail to: McLean County Parks and Recreation Dept. 13001 Recreation Area Dr., Hudson, IL 61748

**COMLARA County
Park conveniently
located at I-39 Exit 8**



JUST LOOK FOR THE SIGNS ON
INTERSTATE 39 FOR EVERGREEN
LAKE AND COMLARA PAK AND
FOLLOW THEM TO THE MAIN
RECREATION AREA.

GETTING HERE IS EASY!

McLean County Department of Parks and Recreation
13001 Recreation Area Dr.
Hudson, IL 61748